## **Best Practices 2019-20**

Drawing inspiration from Gandhian philosophy, the following best practices have been introduced since the session of 2016-2017.

Courses on Gandhi Vichar Dhara and Gram Swaraj, spinning, personality development, and naturopathy have been included in the curriculum. The purpose is to make the girls understand and imbibe the Gandhian ideology and inculcate practices such as mass cleaning, Prarthana, and Khadi into their daily routine here. The Khadi cloth is made from the yarn spun by the girls and sold to the students and workers. The students, faculty, and staff participate in the mass cleaning every Friday.

Tree plantation and animal-bird conservation activities are conducted under nature conservation. Tree plantation is done on the campus every year to make the campus green, pollution-free, and eco-friendly. The use of plastic and polythene bags is discouraged; instead, khadi bags are used. Two types of waste bins are placed on the campus to collect dry waste and vegetable waste. The wet vegetable waste is used in making vermicompost. Provision of food pots and water is done in the campus and hostel to feed the animals and birds.

\*Rural Development and Extension is a compulsory subject in the institution, as rural development and women's education were the biggest concerns of Mahatma Gandhi. Workshops and training programmes are organised for the students, keeping in view the requirements for the fieldwork of rural development and extension. Applied courses are included in the curriculum like food preservation, handicraft, physical education and yoga, animal husbandry and milk science, applied physics, and sewing techniques, which keep them connected to traditional ways and means of vocation in their rural community.

This has the following side benefits:

- 1. Personality development of the students
- 2. Leadership development
- 3. Skill development

Every year, students are recognised for their accomplishments in a variety of fields. Special memorial awards are given to the "Best Student of the Year," "Best Sportswoman of the Year," "Best NSS swayamsevak," and the student with the highest marks in the Rural Development and Extension course. Furthermore, students who place first and second in their respective classes are given academic awards. On an institutional level, students are also recognised for their abilities and achievements in sports, cultural, literary, and creative competitions. Students receive special trophies for their accomplishments at the state and national levels.

PRINCIPAL

Kasturbagram Rural Institute

(Autonomous Institute)

KGN.M. Trust, Kasturbagram,

INDORE 452 020